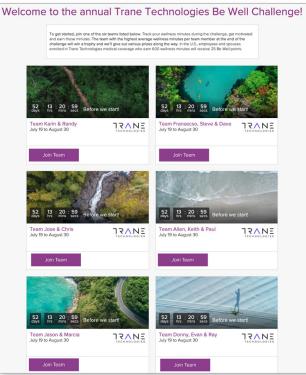


## TECHNOLOGIES

## Executive-lead, custom team challenge

GOAL

- Create a custom, six-team challenge that encourages global collaboration.
- Leverage the influence executive leaders and global wellness champions have to motivate employee participation across all regions (APAC, Americas, India, West Europe and East Europe.)
- Preserve core tenets of legacy "Be Well" challenge, but move away from a limiting, traditional step challenge into an online, 'whole self' challenge.



## About Grokker

Grokker transforms employee physical, mental, and financial well-being globally through our visually immersive content. Our inclusive community of experts and personalized guidance is proven to strengthen retention by 68%, triple engagement, and lessen the burden on HR teams.

With Grokker, each member's well-being experience is personalized to help guide them to the lowest acuity, highest impact intervention. Our solution seamlessly integrates with your HR team and provides them with ongoing actionable insights.

Global organizations like Delta Air Lines, Pfizer, Target, and Domino's trust Grokker to support the diverse well-being needs of their teams in over 179 countries. Grokker is dedicated to making holistic health and well-being equitable, engaging, and accessible for all.



Call Grokker: (408) 876-0802 mail: sales@grokker.com

## RESULTS

97% Participants achieved their goal to some extent

Felt more motivated to continue to improve their wellbeing post challenge

Felt healthier after completing the challenge

**85%** Would recommend Grokker to a friend or college